

MIOT Rehab Centre – Maldives		
S. No	Consultation and Therapy Packages (based on the customised sessions required for patients)	Maldivian Rufiyaa
1	Consultation fee	200
2	Physiotherapy Half an hour session	140
3	Physiotherapy 45 Minutes session	210
4	Physiotherapy One Hour session	270
5	Physiotherapy Two hours	540
6	Physiotherapy Three hours	810
7	Physiotherapy Weekly package for 1 hour	1480
8	Physiotherapy Weekly package for 2 hours	2950
9	Physiotherapy Weekly package for 3 hours	4420
10	Occupational therapy Half an hour session	140
11	Occupational therapy 45 Minutes session	210
12	Occupational therapy One Hour session	270
13	Occupational therapy Two hours	540
14	Occupational therapy Three hours	810
15	Occupational therapy Weekly package for 1 hour	1480
16	Occupational therapy Weekly package for 2 hours	2950
17	Occupational therapy Weekly package for 3 hours	4420
18	Speech and swallow therapy Half an hour session	140
19	Speech and swallow therapy 45 Minutes session	210
20	Speech and swallow therapy One Hour session	270
21	Speech and swallow therapy Two hours	540
22	Speech and swallow therapy Three hours	810
23	Speech and swallow therapy Weekly package for 1 hour	1480
24	Speech and swallow therapy Weekly package for 2 hours	2950
25	Speech and swallow therapy Weekly package for 3 hours	4420

These sessions are available under the following therapies.

- Physiotherapy
- Occupational therapy
- Speech and swallow therapy

Sr. No.	Exercise list Physiotherapy
1.	Suspension therapy
2.	Treadmill gait training
3.	Neuromuscular electrical stimulation
4.	i-Gait training
5.	Body weight supported standing and walking
6.	Parallel bar gait training
7.	TIGO-Cycle (assisted and resisted cycling)
8.	TIGO-Cycle (Upper and lower limb cycling)
9.	BALO- Balance trainer (static and dynamic standing and balance training)
10.	Ultrasound therapy
11.	Interferential therapy
12.	Transcutaneous Electrical Nerve stimulation
13.	Chest physiotherapy
14.	Tilt table monitoring
15.	Multi-gym training
16.	Rise & go training
17.	Stroll bar training
18.	Manual standing therapy
19.	Manual balance training
20.	Postural exercises
21.	Core strengthening exercises
22.	Upper and lower limb strengthening
23.	Upper and lower limb facilitation
24.	Upper and lower limb stretching
25.	Range of motion exercises
26.	Coordination exercises
27.	Proprioceptive neuromuscular facilitation
28.	Proprioception training
29.	Isokinetic exercises
30.	Isometric exercises
31.	Isotonic exercises
32.	Kegel's exercises
33.	Laser therapy

34.	Joint manipulation exercises
35.	Myofascial trigger release
36.	Cryotherapy
37.	Taping
38.	Musculoskeletal assessment
39.	Knee rehabilitation (Total Knee Replacement)
40.	Shoulder rehabilitation (Peri Arthritis shoulder, reverse shoulder arthroplasty)
41.	Hip rehabilitation (Total hip replacement)
42.	Post arthroscopic rehabilitation
43.	Post traumatic rehabilitation
44.	Pre and post natal exercises
45.	Pulmonary rehabilitation
46.	Breathing exercises
47.	Incentive spirometry
48.	Pain management
49.	Cardiovascular rehabilitation
50.	Geriatric rehabilitation
51.	Neuro rehabilitation
52.	Phonophoresis and iontophoresis
53.	Therapeutic massage
54.	Pilates

Sr.No.	Exercise list Occupational therapy
1.	Virtual rehabilitation
2.	Activities of Daily Living training
3.	Postural training
4.	Ergonomics modification
5.	Sensory re-education
6.	Hand function training
7.	Functional mobility training
8.	Balance and coordination training
9.	Mirror therapy
10.	Constraint induced movement therapy
11.	Bed mobility training
12.	Wheelchair training
13.	Post amputee rehabilitation
14.	Transfer training
15.	Assistive and adaptive device therapy
16.	Orthotic training
17.	Positioning for bed sores

18.	Shoulder mobilisation exercises
19.	Cognitive retraining
20.	Trunk stability exercises
21.	Hip stability exercises
22.	Mat activities
Sr.No.	Exercise list Speech and swallow therapy
1.	Speech intelligibility training
2.	Speech loudness training
3.	Language training for aphasia
4.	Oro-motor strengthening
5.	Voice therapy
6.	Developmental speech and language therapy
7.	Swallowing therapy
8.	Fluency therapy for stuttering
9.	Articulation therapy for apraxia
10.	Oro-motor stimulation
11.	Neuro Muscular Electrical Stimulation for swallowing
12.	Facial re-education exercises

Our Rehab package covers a wide range of services, including

1. Neurorehabilitation for

- Stroke
- Traumatic Brain injury/concussion
- Brain surgeries (e.g., aneurysm repair, Arteriovenous Malformations (AVM) etc.)
- Neuro-degenerative diseases (e.g., Parkinson's, Multiple Sclerosis, Transverse myelitis, Amyotrophic Lateral Sclerosis (ALS), etc.)
- Spinal cord injury
- Spasticity management (Botox Injection & Baclofen pump)
- Rehabilitation for peripheral Neuropathies, Nerve Injuries and Neuro-muscular diseases
- Balance and Coordination
- Vestibular Rehabilitation
- Gait assessment and training

2. Orthopedic Rehabilitation for

- Back and neck pain therapy
- Shoulder/arm, hip, knee and ankle therapy
- Sport injury rehabilitation
- Pre- and post-surgical care

- Pain management
- Arthritis/Fibromyalgia
- Post-surgery total joint replacements (hip, knee, ankle, elbow, shoulder)
- Joint sprains/strains
- Muscular strain

3. Cardiopulmonary Rehabilitation for

- Chronic Obstructive Pulmonary Disease (COPD)
- Asthma
- Congestive Cardiac Failure (CCF)
- Respiratory infections, i.e. Pneumonia
- Peripheral Vascular Disease
- Myocardial infarction/ (MI)
- Heart or lung injury or surgery
- Post-Covid Rehabilitation

4. Pediatric Rehabilitation

- Cerebral palsy
- Down syndrome
- Autism
- Other Neurological disorders like developmental delays
- Genetic syndromes

5. Geriatric Rehabilitation

6. Cancer Rehabilitation

7. Virtual Reality (30 minutes)

8. BALO (30 MINUTES)

9. TIGO (30 MINUTES)

For further information, please reach out to our team at

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